

rugged interactive

# SPOTLIGHT ON:

Roche Community Primary School, Cornwall



Roche Primary School installed a pair of Compact CardioWalls in September 2016. We followed up with **Headteacher, Jeremy Walden** to find out how the CardioWall Compact Duo has transformed activity and outdoor learning.

## A Snapshot of Roche Primary School:

Roche Primary School is based near the Rugged Interactive HQ in Cornwall. They are committed to outdoor learning and the promotion of activity and sport. The school embraces new technology and children are encouraged to take part in new activities and challenge themselves daily.



## Why did Roche Choose to Have CardioWalls?

Mr. Walden first saw the CardioWalls on BBC's Dragon's Den and thought they would be a great addition to PE lessons and break/lunchtimes.

The CardioWalls **encourage competitiveness** and **motivate self-improvement**. These skills are easy to encourage in the usual sporty children, but are harder for others. He felt that the CardioWalls could be **inclusive for all pupils**.



## Feedback on the CardioWall Compact Duo:

The CardioWalls have offered another form of activity that **appeals to both sporty and reluctant exercisers**. Mr. Walden has found them to be especially effective in older boys needing to release energy in intense short bursts.

CardioWalls can be used by pupils independently in break and lunch times, which has given pupils a sense of **responsibility and ownership**. Some pupils have set up CardioWall clubs where they teach younger pupils how to play and beat their high score.

CardioWalls have also helped to **develop gross and fine-motor skills** across year groups.

## What They Had to Say:

"One of the best applications for the CardioWall has been with children with SEN and disabilities. In particular, a pupil with ADHD. We have seen a significant increase in his attention in class over the last year."

**Jeremy Walden, Headteacher**